

Action Medical Research – RIDE Castle Sunday 9th May 2021

After last years delayed and very wet AMR RIDE Castle, it was good to see a better weather forecast for the 2021 event.

4 distances were on offer and Kings Hills Wheelers were represented in all distances with a total of 28 riders taking part - 7 riding 33miles, 8 riding 70 miles, 10 riding 100 miles and 3 riding the maximum 126 miles.

Apart from a cold start and a small shower at the beginning of the ride, the weather was near on perfect. The organisation of the ride was excellent, with some good rest stops that included savoury snacks and not just sweet items.

Well done to all who took part. I can't mention everyone individually but there are a few worthy of a callout;

Andre, Steve & Mat for completing a massive 126 miles and in doing so Mat personally raised over £2,500 for the MSA Trust!

Pete for completing his 1st ever 100 mile ride, on a borrowed road bike and on flat pedals!

Stuart and his wife Claire for 33 miles, her 1st ever ride over 10 miles I think, and they were both together in the Pub afterwards, so no serious domestics on the way ;-)

Jaimie, who is very new to cycling and somehow managed to turn his 33 mile route into about 50!

All of the team that put up the signage before the event. A thank you was received from Paula at AMR – *'I just wanted to say a huge thank you to you and the signing team at KHW. Your support of this event was appreciated and it was so lovely to see so many of the KHW take part. I do hope that they enjoyed the ride. Thank you again for all of your support of this event.'*

After the event many of us gathered in the Spitfire for some well-deserved refreshments, and it was great to see some of the other halves joining us, plus some members who hadn't done the ride.

All in all it was a superb days riding, some challenges overcome on the way and great company and support as ever, both on the ride and afterwards.

